2022 ANNUAL REPORT

EMPOWERING Youth & Families Outreach

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As 2022 comes to a close, Empowering Youth and Families Outreach (EYFO) is profoundly grateful to all of our donors, volunteers and community partners which enable us to continue the work that we began in 2001. EYFO is also thankful for our staff, board of directors and the families who allow us to serve our community over the many years that we have been in existence.

Thank you for giving EYFO the opportunity to make a marked difference in the lives of youth and families. We have been able to offer programs that will help children grow and thrive... The success of this work is because of your commitment to providing financial support, in-kind donations, which enables us to make a lifelong impact on those we serve.

Even with Covid still being in existence, EYFO was able to provide meaningful programming to 400 youth in 2022. Program offerings included after school programming, college and career readiness, tutoring, summer leadership, Summer College/High school internships, Educational trips, service learning, Prenatal to 3 programming, Entrepreneurship and enrichment programming. Because of the support EYFO received EYFO was able to continue programming that made an impact on the lives of the youth we serve.
MISSION

To make a lifelong impact in the lives of youth by offering programming that raises up resilient leaders who are empowered to achieve their dreams.

Empowering Youth and Families Outreach (EYFO) is a 501c3 nonprofit charitable organization providing year-round academic, enrichment, and leadership programming to K-12 low-income youth of color in South Seattle and South King County since 2001.
A GLANCE BACK AT 2022
CREATIVE MINDS
PLAY & LEARN

EYFO guides young children to learn naturally through imitation and action. We use multi-sensory education as they learn letters, numbers, and color along with the physical properties of materials. Our lessons include experiential learning, engaging their imagination. Free diapers, wipes, toys, baby gear, and more are available to all participants.

Meetings take place every Saturday for all caregivers, parents, guardians, and infants & toddlers aged 0-3.
- Build a strong relationship with your child
- Engage in Kaleidoscope Play & Learn activities
- Explore weekly themes
- Participate in monthly family outings
AFTER SCHOOL PROGRAM

Program Offerings:
- Individualized assessment and support
- Social/Emotional Learning Group Sessions
- Daily Enrichment Activities:
  - Individual Tutoring
  - Art
  - Games
  - 3D Printing
  - Team Building Activities
  - Guest Speakers
  - Nature Walks

EYFO’s overarching goal is to empower students to be their own best advocates and take their learning and future into their own hands. Our work includes building positive character attributes, developing resiliency traits, and increasing perceptions of self-efficacy by identifying and developing individual strengths in the youth we serve.
This summer, EYFO offered in-person programming to over 65 students with 25 staff, most of whom were high school interns. This provided the opportunity for youth to build relationships with our team as well as receive mentoring by a staff person. Programming includes:
- Morning Academics
- Weekly Field Trips
- Team Building Activities
- Daily Enrichment Classes
- Career Readiness
- Financial Literacy Classes

Summer 2022 Enrichment Classes:
- Cooking
- African Dance
- Art
- Sports
- Swimming
- Golf
- Double Dutch
- Movie
- Outdoor Exploration
- Park

Summer 2022 Field Trips:
- Woodland Park Zoo
- Pacific Science Center
- Family Fun Center
- Coulon Park with Braided Seeds
- Wild Waves
- Seattle Aquarium
Cop Every Opp (CEO) aims to counteract achievement statistics for youth of color. We teach youth that they are the Chief Executive Officer of their futures and encourage them to take advantage of opportunity. Our program includes:

- 1:1 hands on support through the college admissions process
- Support identifying and applying for scholarships
- All expense paid college tour trips for engaged youth
- 1st Saturday Group Sessions

This year we gave out $37,000 in college scholarships to 12 youth, including:

- Caleb Headen $3500 Seattle U
- Simya Gibson $5000 Jackson State
- Trishaunie Lewis $4000 UW
- Marisa Johnson $3000 UW
- Sosna Biniam $3000 Yale
- Sefu Jeffries $3000 Bellevue College

2022 College Culture Tour

- Howard University
- George Washington University
- NMAAHC
- Marcus Garvey Park
- Schomberg Center
- Columbia University
- Barnard University
- Pratt Institute
- Hamilton on Broadway
- Hampton University
- Norfolk University
- Six Flags
- Bowie State University
EYFO’s Entrepreneurial Training Program teaches youth the basic skills to start and run their own businesses as they sell art and clothing products they create. Youth leave this program with the skillset to leverage the American economic system in a way that leads them to a path out of poverty into self-sufficiency. Youth operate an online store that they sell their products on and attend events in the community to market and sell their products as well. In this program, youth are developing as leaders, receiving financial literacy training and receiving career/post-secondary planning support as well.

Special Orders
- Double Dutch Divas
- Elmhurst Elementary
- Braided Seeds
- Easter Content

Sales via Community Events
- Kent Unity & Community
- Othello International Festival
- Acorn Children’s Business Fair
In partnership with Seattle Public School Summer Staircase Program, EYFO operated enrichment programs for over 150 students who attend South Shore Elementary School over the summer. Each day, students were engaged in games, social-emotional learning during group time, and an enrichment activity of their choice. Enrichment activities included:

- Art
- Engineering & 3D Printing
- Dance
- Lego Building
- Gaming
- Double Dutch
- African Dance
- Sports

Weekly group time themes:
- Theme 1: Honesty
- Theme 2: Safety
- Theme 3: Respect
- Theme 4: Responsibility
Spring Break Activities:
- Swimming at Rainier Beach Pool
- Cooking
- Art
- Round 1
- Social-Emotional Learning Activities

Winter Break Activities:
- Winterfest Seattle Center & Chihuly Glass Gardens
- Christmas Shopping & Ornaments
- Kids Vision Boards with Miss Betty
- Gingerbread Lane Sheraton Hotel & Pike Place Market
- Swimming at Rainier Beach Pool
- Ice Skating
ADDITIONAL PROGRAM OFFERINGS

TUTORING

EYFO partnered with STEM Tutoring and Seattle Pacific University to provide one on one tutoring to 20 students this year in math, science, and reading.

BLACK BEACH EXPLORERS

Two Black naturalists from the Seattle Aquarium helped guide our youth along the Coast Salish beaches at low tide. The program was designed to empower Black youth and show them the wonders of the sea through a morning of fun activities like storytelling, creative exercises, and exploration.

FINANCIAL LITERACY WORKSHOPS

This past summer, EYFO taught financial literacy workshops using JA Biztown curriculum, which taught students about credit, how to manage their money, and allowed them to participate in a simulated economy.

YOUTH GROUP

Each week, over 30 youth were engaged in bible study, with ages ranged from pre-school to high school.
**FIRST TEE GOLF**

In partnership with First Tee Golf, our students received golf lessons twice a week over the summer. Our youth ended the summer with a field trip to the Boeing Classic Youth Clinic, our local PGA Tour Champions Event.

**REST & WELLNESS RETREAT**

In partnership with Braided Seeds, our high school interns spent a weekend at Robinhood Village Resort prior to the start of our Summer Literacy Academy. This provided staff an opportunity to invest in rest and reflection through intentionally selected activities.

**OUTDOOR EXPLORATION CAMPING TRIP**

Throughout the summer, our scholars participated in a weekly Outdoor Exploration course, led by Braided Seeds. At the end of the summer, youth had the opportunity to camp in yurts and tents at Tolt MacDonald Park + Campground in Carnation, WA. This was an opportunity for youth to experience the outdoors as a place of refuge, rest, and play.
OUR IMPACT

85% of Before/After School Program Students receiving private tutoring

98% of students in our middle and high school programs indicated increased outlook for their futures by the end of the year.

100% of our Senior Students graduated High School in 2021

Students who participate in EYFO Programs:

- 100% Graduate from High School
- 98% Attend College
- 99% Go on to establish successful careers
- 65% Return to EYFO to work or volunteer
In July of 2021, we broke ground on our new facility. In 2023, EYFO will open a new 8,000 square foot enrichment center. This facility will expand our capacity to 130 students, have six classrooms, a teaching kitchen, an outdoor classroom, and two playgrounds.
**AMAZON SMILE**

Amazon will donate up to 0.5% back to Empowering Youth and Families Outreach when you make purchases through Amazon. You can be directed there by logging onto www.eyfo.org.

**FRED MEYER GIVING PROGRAM**

Use your membership with Fred Meyer to give to EYFO. Each time you make a purchase, Fred Meyer will donate directly to EYFO.

**KING COUNTY GIVING PROGRAM**

If you are an employee of King County, you can give back to Empowering Youth and Families Outreach. EYFO’s unique number is 10010 through their giving platform.
ACKNOWLEDGEMENTS

Thank you for being the driving force behind making sure that EYFO is able to sustain and continue to provide programming for our underserved communities. EYFO’s success is due to the support that we receive from our partners, volunteers, faith, community leaders, and individual donors.

OUR COMMUNITY PARTNERS

Adefua African Dance
Amazon
American Heart Association
Bellwether
Braided Seeds
Chihuly Glass Gardens
Double Dutch Divas
First Tee Golf
Freely Given
Greater New Bethel Church
Meaningful Teens
Mentoring Works
MoPop Museum
More to Life
Museum of Flight
PSE Kraken
Seattle Aquarium
Seattle Pacific University
STEM Tutoring
Teens in Public Service
Toys for Tots
Westside Baby
Woodland Park Zoo

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